

NEWSLETTER

January 2009

Edition- 13

From the editors' desk:



Dear subscribers,
New Year 2009 project activities in HI- Cuddalore began with the prayers and blessings of Honourable CE Sri. Mathew Cherian. The launch of solar water heaters for residents, elders' help line, first paddy harvest, celebration of Pongal festival, International visitors and introduction of elders' micro insurance policy – 'Vamsavali' were some of the special activities of this month. Woollen dress materials and shawls donated by the State Bank of India and Lions Club of Cuddalore, added proximity of warmth shown by the community towards the welfare of the destitute residents.

For comments/ suggestions please write to:
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1st and 2nd January 2009: New Year celebrations/ Chief Executive-HI visit:

The New Year 2009 celebrations in TEV were filled with more colourful events and with the presence of our HI-Chief Executive, Shri. Mathew cherian, add flavour to it. On the 1st January CE visited the TEV campus completely from individual resident areas, till the compound wall at the back. His comments on rectification of certain civil works, electrical fittings, and plumbing works were noted down by DD (F) and Manager-TEV.

By 10 AM, individual project



team presented their activities and action plan on Project Kiran, CRCE and EfEF, Cuddalore. The DLF –

Cuddalore meeting was held at Multi purpose Hall during which,



year book 2008-09 and new insurance scheme for elders – Vamsavali were

launched.

On the same day, Palliative Care – team visited the Cuddalore Joint Director of Health



along with our CE and the JD explained about how District Administration could be involved in the end of life- care plan.

HI- CE launching the Elders Help Line 1253 @ TEV campus.

Elders' helpline was launched at TEV campus by CE and EfE chairman. Two staffs were engaged in operation.



6th January 2009: Elders Meet

TEV resident elders' meet was held at Dining hall. The following points were discussed:

- celebration of Pongal and Maatu Pongal festivals
- Paddy harvesting
- Change of residence for elders Lilly and Arockiaraj.
- Role of new care givers
- Readmission of elder venugopal and Natarajan
- Demonstration on using solar water heaters and its in -charge.
- Changes in dinning time
- Stitching shirts and blouse for elders.
- Formation of ESHG at TEV
- Formation of Elder Friendly Enterprises Unit

12th January 2009: Installation of Solar water heaters at TEV:

About 8 solar water heaters from TATA BP Solar, Coimbatore were installed at TEV campus. Each 100 litre capacity SWH were connected together and the elders from each cluster can collect hot water at each delivery point. The elders thanked the good hearts who donated .



13, 14, 15th Jan 2009: Bogi, Pongal and Mattu Pongal celebrations.

Mahara sankranthi – Pongal festival was celebrated in TEV on 13, 14 and 15th of January 2009.

- *14th Jan: State Bank of India and EfE donates woollen dress materials to residents.*

On behalf of SBI- Manjakuppam branch, Shri.Arunachalam, EfEF Managing Trustee issued sweaters for women and Shawls for Men residents.

- *15th Jan: Lions Club donates dhotis and sarees with Pongal.*

The Lions club of Patali city donated dhotis and sarees to all the men and women residents. Nighties were given to the dependent elders. Sweet Pongal, fruits were distributed and the Lion members joined with the elders for Pongal prayers.

16th Jan 2009: Cuddalore Project Kiran Co-ordinator participated in the International Conference on Public Health and Palliative Care

Dr.Sathyababu, Project co-ordinator of Palliative care unit attended the International Conference on Palliative Care and Public Health at IPM, Calicut. He presented a paper on “Community based palliative care experiences in Project Kiran”.



18th Jan- 20th Jan: Ms.Elizabeth Coates, Help the Aged – UK visits PMO projects.

Ms.Elizabeth Coates, Manager-International Affairs of Help the Aged – UK visited TEV on 18th January. She stayed here for 2 days. *Dr.Jaideep*, Director – Health, HI, NewDelhi and the Project Kiran team of PMO Cuddalore arranged her programme of schedule.



On the **19th of Jan**, presentations on TEV, CRCE were arranged. She visited all the service villages and patients cared under Project Kiran. She was impressed on the cultural programmes arranged at villages to create awareness on palliative care for terminally –ill patients.

Village visits:

Ms.Elizabeth visited Nanamedu, Enikaranthottam, Uchimedu villages and overview the activities of MMU, Nursing Home care and Village sensitization programmes.



21st Jan: care giver Ms.Vanitha marriage- elders attended

Ms.Vanitha, care giver of TEV got married on **21st January** at Pondicherry. Manager and the resident elders from TEV attended and wished the couple.



22nd – 23rd Jan: MYRADA training programme on “evaluation on Post tsunami livelihood programmes”



MYRADA – A National NGO at Krishnagiri District of Tamilnadu conducted a two days training programme funded by IFAD, at TEV campus. Trainees from Nagapattinam and Cuddalore attended. Various IAS officials and dignitaries conducted the training.

22nd Jan: Master Harris siddick Birthday –food sponsored to elders.



Master.Harris Siddick celebrated his birthday with the resident elders on 22nd January. The elders were served with Briyani and fruits.

22nd Jan: Shri.Nithyananda Swamiji – religious talk



Disciples of shri. Nityananda saraswathi swami ashram – Cuddalore branch gave a wonderful spiritual lecture on the evening of 22nd Jan. All the PMO staff and resident elders attended.

22nd Jan – 24th Jan: Paddy harvest at TEV campus.

The first paddy crop of TEV was harvested from 22nd to 24th of January. The organic paddy which was grown in 60 cents of land gave a yield of 18.5 bags of paddy. Two bags of seeds were kept for next kharif sowing and we got 768 kgs of rice (parboiled), which will suffice for 3 months rice need for TEV kitchen, besides two loads of hay and rice bran for dairy animals.



The active resident elders were engaged in paddy seeding, transplanting, weeding, harvesting,

winnowing and packing activities.

Elders in action:



23rd Jan: NLC Medical camp – Specialist Doctors visits TEV.

Surgeon, Ortho and Dermatologist of Neyveli Lignite Corporation Govt. Hospital, Neyveli attended the special medical camp organised at TEV. The patients were given treatment, X-rays were verified and for ortho surgery cases, they referred to NLC Hospital for treatment/ surgery.

24th Jan: TEV elders submit their demand on sanctioning of OAP:

About 5 of the TEV residents were recommended for OAP by DSW and the letter was not honoured yet by sanctioning the amount by the tehsildar. The 5 elders were taken by the Manager-



TEV to meet the Tehsildar (Social Protection) and raised their demands. The district administration accepted the

entire 22 applications and promised to send the concerned Revenue authorities for verification.

24th Jan: PMO – Cuddalore Staff meeting:

The PMO staff meeting was conducted on 24th January evening at DD(F) office. Mr.Ramalingam, informed about staff responsibilities, extension of CRCE project, role of Dr.satyababu and Mr.Elango, etc. All the TEV, Palliative care staff attended the meeting.



27th Jan: Elders Representative Council Meet.

Elders' representative council of TEV met on 27th January. Started with the prayers for the deceased elder shri.Murugiah, the following decisions were made during the meeting:

- Re-admitting of the elder's shri.venugopal and Natarajan of Nanamedu.
- Amended Food menu – revised (diabetic patients were to be given special care – providing wheat based food items).

- Fish will be cooked only on Wednesdays and greens twice weekly.
- To meet the District collector for demanding OAP for the 22 applications submitted.

Donations by Cash:

Rs.50, 000 cash donation (by cheque) received from Smt.Rosaline Lalitha, Chennai, partner of Albert Guest House, Pondicherry paid for TEV resident's welfare. The cash was deposited in HI account and a receipt was given to the donor on 19th January 2009.



Organic agriculture

The residents of TEV were interested in organic agriculture and wished to grow paddy again, this time with variety IR-50



The paddy seeds were sown by the elders on 30th January for nursery purpose and will be ready for transplanting by 1st week of March.



Obituary:



Elder.Murugiah, died on 25th January 2009 and he was popularly called as “visiri thatha” (Palm leaf fans). He was heading the grievance team and active member of TEV- Elders’ representative council.

Punniyadhanam to elder vellimuthu

Punniyadhanam – performing rituals/ prayers for the deceased elder on the 15th day was performed at TEV for the elder vellimuthu, who is an orphan elder died at TEV by the end of December.



Proposed Activities for February 2009

1st Feb: Lunch provided by SBI manager- Tirupapuliyur

3rd Feb: Rope – IIT-Madras training on banana fibre making

4th Feb: training to care-givers

5th Feb: Food sponsored by Captain. Anand – NCC, Pondicherry.

6th Feb: TB awareness training for Care givers.

8th Feb: Thai poosam – festival

9th Feb: Punniyadhanam – for elder murugiah.

10th Feb: Religious meeting

12th Feb: Free Medical camp – ‘varummun kappom’ at kanganamkuppam village

14th Feb: Phenol / soap oil making – training program for residents

17th Feb: Washing powder making – training program to residents

19th Feb: Incense stick- sambirani making training program.

21st Feb: Elder Friendly Enterprises – Tamarai ESHG meeting at TEV campus.

24th Feb: Medical Camp – Lions club organising with Arupadai veedu medical college, Pondicherry.